

HABITS

FOR THE WEARY SOUL



**Jesus answered, “It is written:
‘Man shall not live on bread alone,
but on every word that comes from
the mouth of God.’”**

Matthew 4:4

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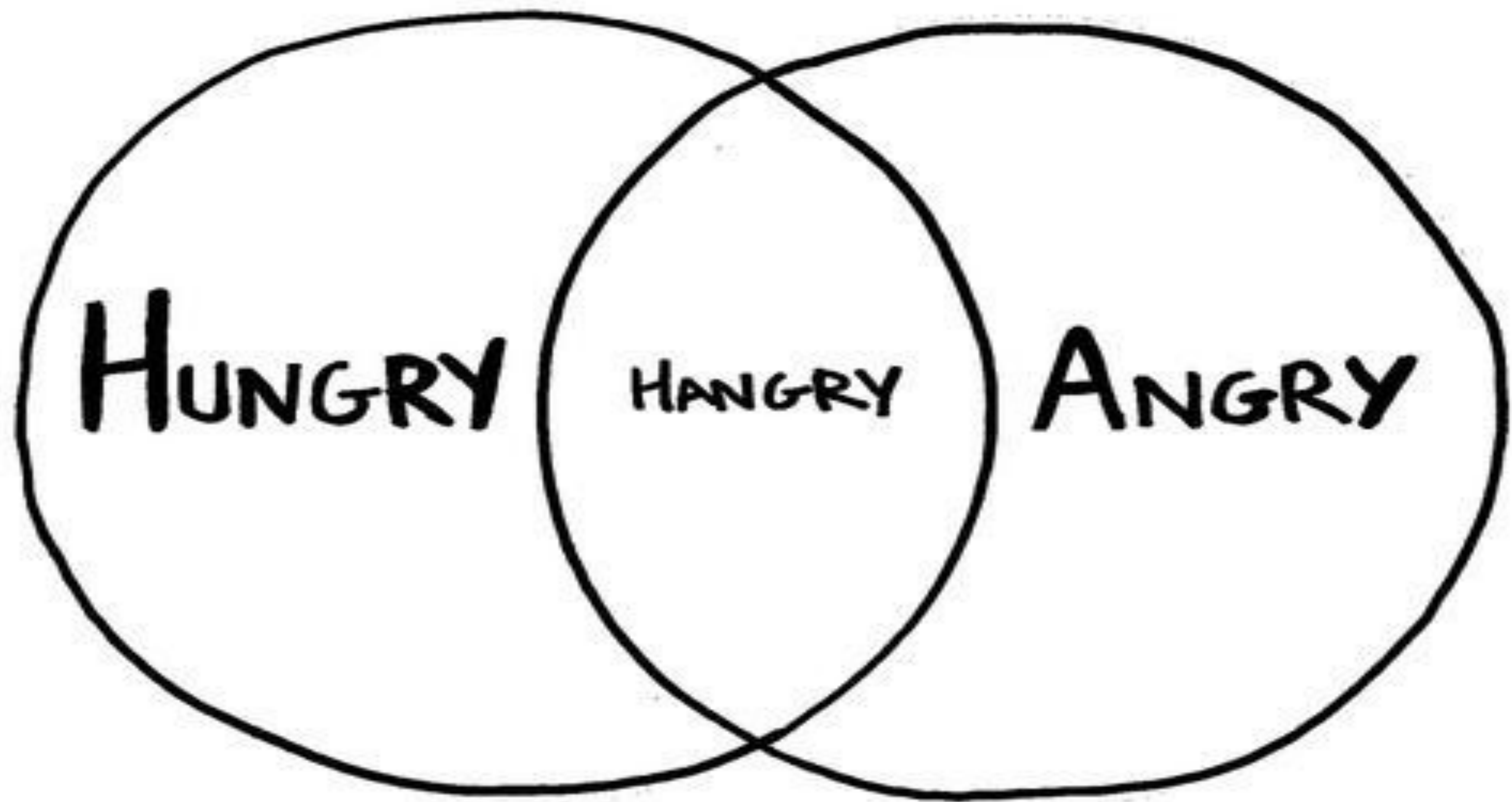
1. Depend on the Word of God

Deuteronomy 8

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1. Depend on the Word of God

2. Digest the Word of God

**Keep this Book of the Law always
on your lips; meditate on it day
and night,**

so that you may be careful to do
everything written in it. Then you
will be prosperous and successful.

Joshua 1:8

Meditation



**Keep this Book of the Law always
on your lips; meditate on it day
and night...**

Joshua 1:8

Meditate = Hebrew “Mutter”

Meditate = Hebrew “Mutter”

Read aloud

Meditate = Hebrew “Mutter”

Read aloud

Notice a word or phrase

Meditate = Hebrew “Mutter”

Read aloud

Notice a word or phrase

Talk about it to others

Meditate = Hebrew “Mutter”

Read aloud

Notice a word or phrase

Speak to another

Respond to God in prayer

Psalm 91:1-2

- Is there a word or phrase that reveals something about God?
- Is there something revealed about you?
- Is there a response in prayer needed?

**Whoever dwells in the shelter of
the Most High will rest in the
shadow of the Almighty. I will say
of the LORD, “He is my refuge and
my fortress, my God, in whom I
trust.”**

Psalms 91:1-2

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