



## SHELTER ROCK CHURCH Manhasset | Syosset | Westbury

Shelter Rock Church (est. 1943) is a multi-ethnic, multi-generational, multi-campus church on Long Island. We are committed to leading as many people as possible into a joyful and growing relationship with Jesus Christ.

### SHELTER ROCK CHURCH | FOOD PANTRY

#### Summary

As an “essential service”, our Food Pantry ministries in Manhasset and Westbury continue to function and meet the needs of those affected by COVID-19. Weekly, we give away free groceries impacting 550 low-income households!! With every passing week the demand for food increases, as does our opportunity to meet the needs of the most poor and vulnerable among us.

#### FOOD PANTRY SHOPPING LIST

1	<input type="checkbox"/>	Shelf-Stable Milk
2	<input type="checkbox"/>	White Rice
3	<input type="checkbox"/>	Red, Black, White Beans and Chickpeas
4	<input type="checkbox"/>	Pasta
5	<input type="checkbox"/>	Tomato Sauce
6	<input type="checkbox"/>	Cereal - hot or cold
7	<input type="checkbox"/>	Paper Products
8	<input type="checkbox"/>	Peanut Butter
9	<input type="checkbox"/>	Jelly or any preserves
10	<input type="checkbox"/>	Canned Fruits and Vegetables
11	<input type="checkbox"/>	Juice Boxes
12	<input type="checkbox"/>	Canned Chicken Noodle Soup
13	<input type="checkbox"/>	Tuna Fish
14	<input type="checkbox"/>	Diced Tomatoes
15	<input type="checkbox"/>	Cooking Oil and Mayo
16	<input type="checkbox"/>	Toiletries
17	<input type="checkbox"/>	Snacks - Crackers, Granola Bars, Cookies,

#### **DROP OFF TIME:**

Sundays 9am-3pm  
Monday - Friday 10am-4pm

#### **DROP OFF INSTRUCTIONS:**

Please leave any of the items listed ***OUTSIDE*** any of our campus buildings next to the entrance door.

Our Food Pantry volunteers will bring these items into the building at the end of the day.

#### **DROP OFF LOCATIONS:**

Leave items ***OUTSIDE*** the front door at the following locations:

#### **Manhasset Campus**

626 Plandome Road  
Manhasset, NY 11030

#### **Syosset Campus**

178 Cold Spring Road  
Syosset, NY 11791

#### **Westbury Campus**

11 Powells Lane  
Old Westbury, NY 11568