



Be Still

MY ANXIOUS HEART

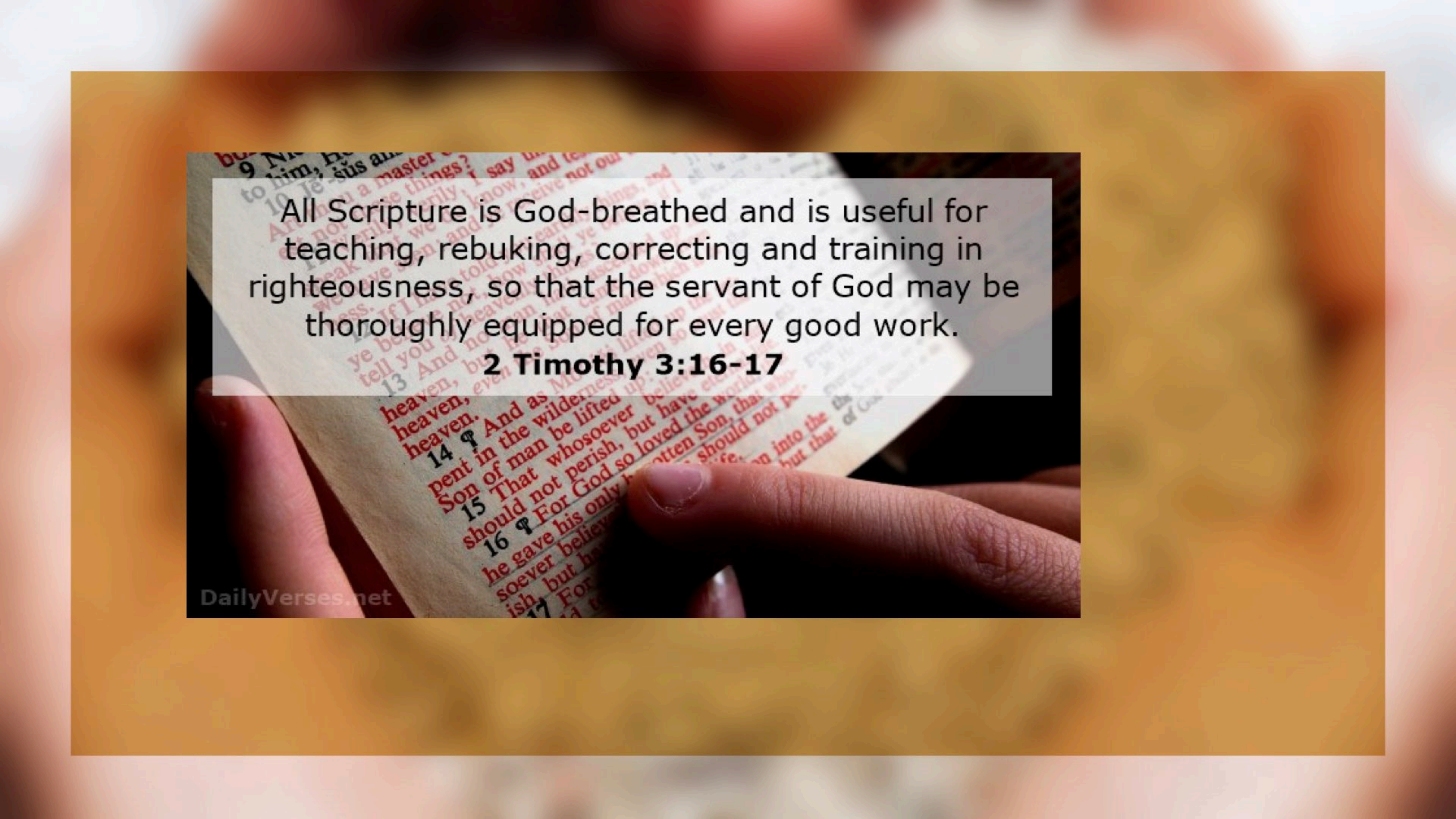






Joshua 1:8

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.



All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.

2 Timothy 3:16-17

1 Peter 5:7

*Cast all your
anxiety on him
because he cares
for you.*

DO NOT BE ANXIOUS

about anything
but in every situation

BY PRAYER & SUPPLICATION

with thanksgiving
present your requests

to God

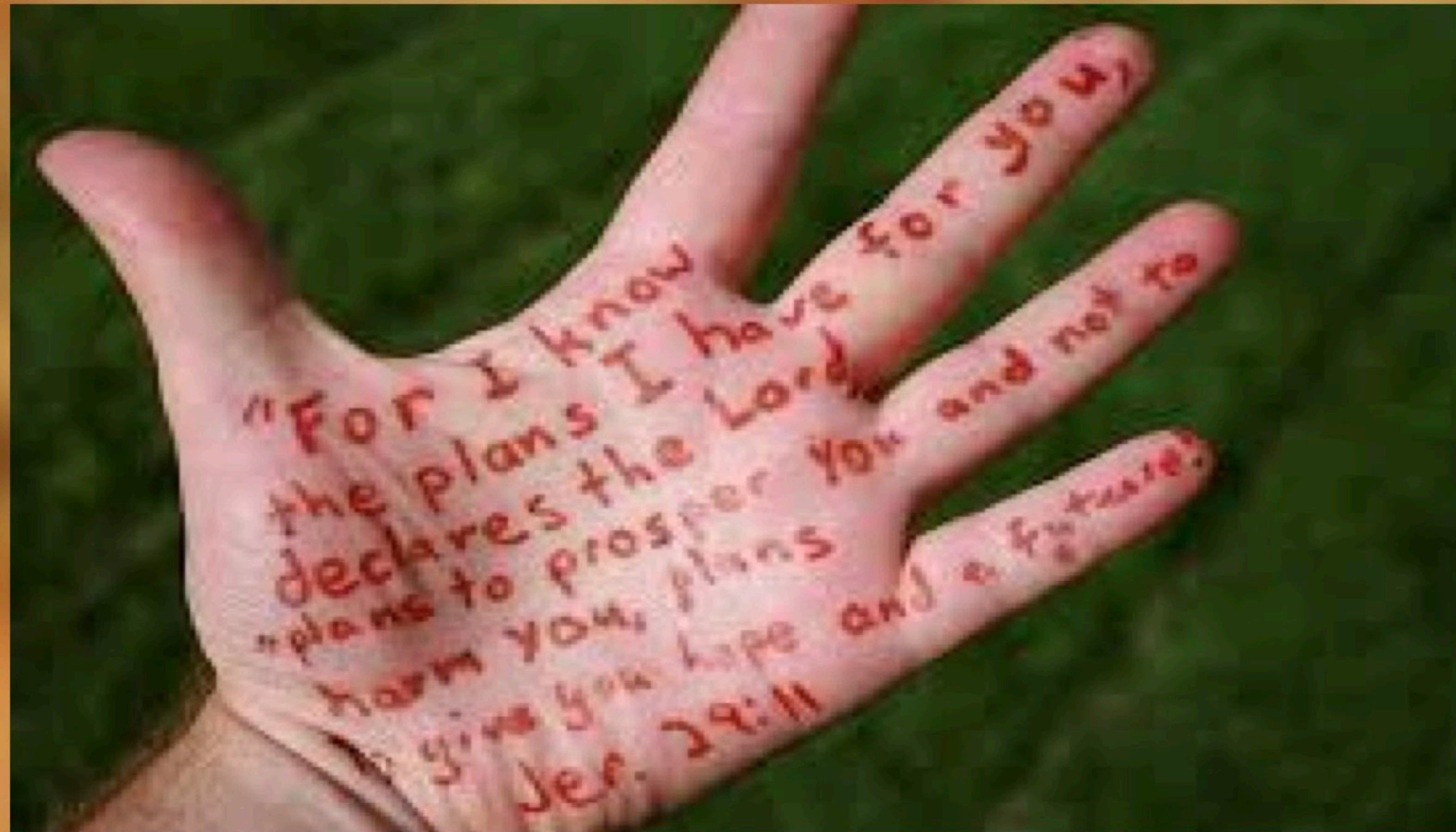
& THE PEACE OF GOD

WHICH SURPASSES ALL UNDERSTANDING

will guard
your hearts & minds

IN CHRIST JESUS

PHILIPPIANS 4:6-7



"For I know
the plans I have for you,
declares the Lord,
plans to prosper you and not to
harm you, plans
to give you hope and a future."
Jer. 29:11

Joshua 1:1 After the death of Moses the servant of the LORD, the LORD said to Joshua son of Nun, Moses' aide: 2 "Moses my servant is dead. Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them—to the Israelites.

³ I will give you every place where you set your foot, as I promised Moses. ⁴ Your territory will extend from the desert to Lebanon, and from the great river, the Euphrates — all the Hittite country — to the Mediterranean Sea in the west.

⁵ No one will be able to stand against you all the days of your life. As I was with Moses, **so I will be with you; I will never leave you nor forsake you.** ⁶ Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them.

7 “Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go.

⁸ Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

9 Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.”

**Does it make a difference to know that God
is with you no matter where you go,
whatever you face?**

Does it make a difference to know that God is with you no matter where you go, whatever you face?

It makes all the difference in the world.



Numbers 13: 26 They came back to Moses and Aaron and the whole Israelite community at Kadesh in the Desert of Paran. There they reported to them and to the whole assembly and showed them the fruit of the land.²⁷ They gave Moses this account: “We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit.

28 But the people who live there are powerful, and the cities are fortified and very large. We even saw descendants of Anak there. 29 The Amalekites live in the Negev; the Hittites, Jebusites and Amorites live in the hill country; and the Canaanites live near the sea and along the Jordan.”

³⁰ Then Caleb silenced the people before Moses and said, “We should go up and take possession of the land, for we can certainly do it.”

³¹ But the men who had gone up with him said, “We can’t attack those people; they are stronger than we are.” ³² And they spread among the Israelites a bad report about the land they had explored. They said, “The land we explored devours those living in it. All the people we saw there are of great size.

³³ We saw the Nephilim there (the descendants of Anak come from the Nephilim). We seemed like grasshoppers in our own eyes, and we looked the same to them.”

Numbers 14: ⁷ They said to all the people of Israel, “The land we traveled through and explored is a wonderful land! ⁸ And if the LORD is pleased with us, he will bring us safely into that land and give it to us. It is a rich land flowing with milk and honey.

⁹ Do not rebel against the LORD, and don't be afraid of the people of the land. They are only helpless prey to us! They have no protection, ***but the LORD is with us!*** Don't be afraid of them!"

Joshua 1:9

Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

**Do you intimately know the
God that is with you (for you)?**

Let's take a look at Exodus 15:1-18



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